

Health Education Work Group B Proposed Framework with Current TEKS

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Strand	Substrands	Topics	K-2	3-5	6-8	HS
Physical Health and Hygiene	Personal health and hygiene, cont.	health care information	K.5.A, K.5.B, 1.1.B, 1.5.A, 1.5.B, 1.7.A.B.C, 2.1.A, 2.1.1G, 2.4.A.C, 2.6.A.B	3.5.A, 4.3.A, 4.3.B, 5.3.A, 5.3.B, 5.4.C, 5.4.E, 5.4.B, 5.7.A, 5.9.A	6.1.C, 6.10.B, 7.3.A, 7.4.B, 7.4.C, 7.13.A	Health 1.1.F, Health 1.2.A, Health 1.2.B, Health 1.2.C, Health 1.2.D, Health 1.2.E, Health 1.2.F, Health 1.4.A, Health 1.4.B, Health 1.5.D, Health 1.6.B; Health 1.8.D; Health 1.9.B; Health 1.11.A; Health 1.11.B; Health 1.11.C; Health 1.12.B; Health 1.12.C; Health 1.13.B; Health 1.18.A; Health 1.18.B; Health 1.18.C, Adv. Health.2.A-B, Adv. Health.4.B, Adv. Health.11.A-B, Adv. Health.15.C, Adv. Health.16.A, Adv. Health.16.C
		hand washing (to prevent the spread of disease)	K.1.A, K.6.C, 1.1.A, 1.5.B, 1.7.A.B.C, 2.1.A, 2.4.A.D,	3.1.A, 3.1.F, 3.3.A, 3.3.C, 4.5.A, 4.5.C, 5.4.E	6.1.C	Health 1.1.F, Health 1.2.A, Health 1.2.B, Health 1.2.D; Health 1.11.A
		common illnesses and viruses (including influenza and vector-borne illnesses)	K.6.A, K.6.B, 1.7.A.B.C., 2.1.A, 2.4.A.C	3.1.A, 3.1.F, 3.3.A, 3.3.C, 4.5.B, 4.5.D, 5.4.D		Health 1.1.F, Health 1.2.A, Health 1.2.B, Health 1.2.D; Health 1.11.A; Health 1.11.C; Health 1.12.B; Health 1.18.A; Health 1.18.B
Mental Health and Wellness	Emotional and mental health	mental health literacy	1.5.A, 1.5.B,	3.2.D, 4.3.A, 4.3.B	7.4.B, 7.12.D	Health 1.1.D, Health 1.1.E, Health 1.1.F, Health 1.1.G, Health 1.1.H, Health 1.1.I, Health 1.2.F, Health 1.4.A, Health 1.4.B, Health 1.5.D; Health 1.14.G; Health 1.15.A; Health 1.16.B; Health 1.18.A; Health 1.18.B, Adv. Health.4.B
		emotional development	2.9.B	3.2.D, 8.9.C, 4.3.B, 5.6.F, 5.8.A, 5.11.A.B.C.E		Health 1.1.D, Health 1.1.E, Health 1.1.G, Health 1.1.H, Health 1.1.I, Health 1.6.A, Health 1.6.C; Health 1.15.A; Health 1.16.B
		socio-emotional development	K.9.B, 1.3.B, 1.9.B.C.F, 2.9.B	3.2.D, 8.9.C, 5.6.E.F, 5.8.A, 5.11.A.C.E	7.1.A, 7.12.D	Health 1.1.D, Health 1.1.E, Health 1.1.G, Health 1.1.H; Health 1.14.E; Health 1.15.A; Health 1.16.B
		accessing mental health services	1.1.B, 1.5.A, 2.1.F	3.2.D, 3.5.A, 4.3.A, 4.3.B, 5.3.A, 5.3.B		Health 1.1.A, Health 1.1.D, Health 1.1.E, Health 1.1.F, Health 1.1.G, Health 1.1.H, Health 1.2.C, Health 1.4.B, Health 1.5.D; Health 1.9.B; Health 1.11.A; Health 1.11.B; Health 1.12.C; Health 1.13.C; Health 1.14.F; Health 1.18.A; Health 1.18.C
	Developing a healthy self-concept	the role of social media and self-concept	1.6.A, 2.6.B, 2.7.A		6.1.D, 7.1.B, 7.4.A	Health 1.1.D, Health 1.1.G, Health 1.4.A; Health 1.14.G; Health 1.16.A
		risk and protective factors	1.1.B		6.1.D, 6.13.E	Health 1.1.D, Health 1.1.G, Health 1.7.H, Health 1.8.A; Health 1.16.A
		strategies for developing a healthy self-concept		3.1.E, 3.9.G, 4.9.A, 5.8.A	6.1.D, 6.1.H, 6.12.E, 7.13.F	Health 1.1.G; Health 1.14.F; Health 1.15.A; Health 1.16.A; Health 1.17.B
		self-evaluation/assessment	1.9.D., 1.11.B, 2.1.A	3.1.E, 5.11.B	6.1.D, 6.1.H, 6.13.E, 7.12.D, 7.13.F	Health 1.1.E, Health 1.1.G, Health 1.2.H; Health 1.16.A

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Strand	Substrands	Topics	K-2	3-5	6-8	HS
Injury and Violence Prevention and Safety	Safety skills/unintentional Injury	first aid (including Stop the Bleed), CPR , AED, and mental health first aid		3.1.F, 5.8.C	6.7.A, 7.6.G	Health 1.2.C; Health 1.11.C; Health 1.13.C; Health 1.14.F; Health 1.17.E; Health 1.18.C
		bike safety, water safety, pedestrian safety and fire safety and using protective equipment	K.2.A, K.2.D, K.2.E, 1.2.A, 1.2.D, 1.2.F, 1.2.G, 2.2.C, 2.3.A, 2.7.B	3.1.F, 3.2.A, 3.2.C, 3.2.E, 4.4.E, 5.5.E, 5.7.A, 5.8.C		Health 1.7.H; Health 1.11.C; Health 1.14.F; Health 1.17.B; Health 1.17.E; Health 1.18.C
		situational awareness ("stranger danger," see something say something; weather)	K.2.B, K.7.A, 1.2.B, 1.2.D, 1.8.B, 2.2.E, 2.5.A.B, 2.8.B	3.1.F, 3.2.A, 5.5.E, 5.7.A, 5.8.C	7.8.B	Health 1.7.H; Health 1.11.C; Health 1.14.F; Health 1.17.B; Health 1.17.E; Health 1.18.C
		accessing emergency services (getting help; calling 9-1-1)	K.2.G, 1.2.D, 1.2.F	3.1.F, 3.2.A, 4.4.E, 5.5.E, 5.7.B, 5.8.C		Health 1.1.A, Health 1.1.E, Health 1.2.C, Health 1.7.H; Health 1.11.B; Health 1.11.C; Health 1.12.A; Health 1.13.B; Health 1.13.C; Health 1.14.F; Health 1.17.E; Health 1.18.C
		head injury and concussion prevention and protocol	2.2.C, 2.2.A, 2.3.A	3.1.F, 3.2.A, 3.2.E, 5.5.E, 5.7.A, 5.8.C		Health 1.11.C; Health 1.13.B; Health 1.14.F; Health 1.17.E
		driving safety (including distracted driving, texting, and driving under the influence, including the risk for rider and driver)	2.3.A	3.1.F, 3.2.A, 3.2.E, 5.5.E, 5.7.A, 5.8.C		Health 1.1.A, Health 1.1.E, Health 1.1.I; Health 1.11.C; Health 1.14.F; Health 1.17.E
		weapons awareness and safety (including reporting)	K.2.H, 1.2.D, 2.2.E, 2.5.A	3.1.F, 3.2.A, 3.2.C, 3.2.E, 5.5.E, 5.7.A, 5.8.C	7.6.B, 7.6.K	Health 1.1.E, Health 1.1.G, Health 1.7.G; Health 1.11.C; Health 1.14.F; Health 1.17.E
	Healthy relationships - Conflict resolution skills	healthy and unhealthy communication	1.2.H, 1.3.B, 1.9.A, 2.9.C, 2.12.B	3.2.D, 8.9.B, 8.9.D, 4.9.D, 4.9.F, 4.10.A, 4.10.B, 4.10.C, 4.12.B, 4.12.C, 4.12.E, 5.6.C.D, 5.8.A, 5.11.E	6.1.H, 6.12.G, 6.13.b, 7.8.B, 7.11.C	Health 1.7.G; Health 1.10.A; Health 1.10.B; Health 1.14.A; Health 1.14.C; Health 1.14.D; Health 1.14.E; Health 1.14.G; Health 1.16.A; Health 1.16.B; Health 1.16.C; Health 1.17.D, Adv. Health.6.A, Adv. Health.6.C, Adv. Health.13.A
		help-seeking and coping	1.2.H, 2.9.C, 2.11.B, 2.12.B	3.2.D, 8.9.B, 3.11.D, 4.9.A, 4.9.B, 4.11.A, 4.11.C, 4.12.B, 5.8.C, 5.9.F, 5.11.D	6.1.H	Health 1.7.G; Health 1.14.A; Health 1.14.C; Health 1.14.D; Health 1.14.E; Health 1.14.F; Health 1.16.A; Health 1.16.C
		conflict-resolution strategies (including avoidance, compromise, negotiation, mediation, and arbitration)	1.2.H, 1.3.B, 1.10.B, 2.10.A.B.D.E, 2.11.A	8.9.B, 8.9.D, 4.9.B, 4.10.B, 4.12.B, 4.12.C, 5.11.A	6.1.H, 6.9.D, 6.12.B-C, 6.12.F, 7.11.D	Health 1.7.D, Health 1.7.G; Health 1.8.D; Health 1.9.A; Health 1.10.A; Health 1.10.B; Health 1.14.A; Health 1.14.C; Health 1.14.D; Health 1.14.E; Health 1.14.F; Health 1.16.A; Health 1.16.C, 11.6.B
		characteristics of healthy relationships (including empathy, autonomy, respect, trust, sympathy)	1.2.H, 1.9.A.E., 1.10.A, 2.8.A, 2.9.7 along with Health 1.10.BH14. aF, 7.11.D	1.9.A;-5 (B)-1.5 (.) (176)-1.00(-.1)s	4.1.8 3hJ0 -dC 0.A;	

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Health Education Work Group B Proposed Framework with Current TEKS

Strand	Substrands	Topics	K-2	3-5	6-8	HS
Alcohol, Tobacco, and Other Drugs	Use, misuse, and physiological effects	classification of psychoactive drugs (stimulants, depressants, narcotics, and hallucinogens)	2.2.D			

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Strand	Substrands	Topics	K-2	3-5	6-8	HS
Reproductive and Sexual Health	Healthy relationships	types of relationships (including platonic, romantic, casual)			6.12.D	Health 1.5.C; Health 1.8.A; Health 1.8.B; Health 1.8.E; Health 1.14.C; Health 1.14.G, Adv. Health.3.E, Adv. Health.15.D
		characteristics of healthy relationships (mutual respect, trust, support, and honesty, commitment, reliability)			6.12.D, 7.12.C	Health 1.5.C; Health 1.8.B; Health 1.8.E; Health 1.14.C; Health 1.14.D; Health 1.14.E; Health 1.14.G, Adv. Health.3.E, Adv. Health.13.A, Adv. Health.14.C
		marriage				Health 1.8.B; Health 1.8.C; Health 1.8.E; Health 1.14.B; Health 1.14.C, Adv. Health.3.D
		effective communication and active listening skills		4.9.B, 4.9.F, 5.6.C.D	6.12.B, 7.11.C, 7.12.D	Health 1.8.B; Health 1.14.A; Health 1.14.C; Health 1.14.D; Health 1.14.E; Health 1.14.G; Health 1.16.B; Health 1.17.D, Adv. Health.3.E, Adv. Health.13.A, Adv. Health.14.B, Adv. Health.14.D
	Personal safety /Limits/Boundaries	sense of self--developing healthy identity (self-worth, -esteem, -confidence, and -acceptance)				Health 1.8.C; Health 1.14.A; Health 1.15.C
		communication--refusal skills			6.12.D, 7.13.D	Health 1.7.B; Health 1.8.C; Health 1.14.A; Health 1.14.E; Health 1.15.B; Health 1.15.C; Health 1.16.A; Health 1.16.C; Health 1.17.D, Adv. Health.13.D
		decision-making, clear consent (permission), and refusal skills, accepting and coping with rejection		5.9.C.D.E	6.12.D, 7.12.A, 7.12.C, 7.13.D, 7.13.E	Health 1.8.C; Health 1.8.E; Health 1.14.A; Health 1.14.E; Health 1.15.B; Health 1.15.C; Health 1.16.A; Health 1.16.C; Health 1.17.B
	Anatomy, reproduction, and pregnancy	puberty and adolescent development		5.2.B	6.2.B, 6.2.C, 7.2.A, 7.2.C, 7.2.E	Health 1.6.C
		fertilization and fetal development			6.2.d, 7.2.D	Health 1.3.A, Adv. Health.3.A
		pregnancy, stages, and risk factors			6.2.D, 7.2.D	Health 1.3.A; Health 1.8.F, Adv. Health.3.B-C
		teen pregnancy and associated concerns (financial, educational, health, and social concerns)				Health 1.3.A; Health 1.15.C
	Sexual risk avoidance and sexual risk reduction	abstinence from sexual activity (as preferred choice)		5.4.C	6.7.H, 7.6.D-F	Health 1.8.B; Health 1.8.C; Health 1.8.D; Health 1.8.E; Health 1.8.F; Health 1.15.C, Adv. Health.13.D, Adv. Health.14.E-F
		types of contraceptives (including risk and failure, proper use, align with TEC 28.004)				Health 1.8.B; Health 1.8.C; Health 1.8.F; Health 1.15.C
		boundary setting regarding stages or progression of physical intimacy (holding hands, hugging, kissing, intercourse) icse)				

Health

