School Health Survey 2012-2013



1. Please answer the following questions:			
	Response Percent	Response Count	
District Name	100.0%	770	
County-District Number	98.3%	757	
	answered question	770	
	skipped question	0	

3. Preparer Information

	Response Percent	Response Count
Name of Preparer	100.0%	770
Title of Preparer	100.0%	770
Phone Number of Preparer	100.0%	770
Email Address of Preparer	100.0%	770
	answered question	770
	skipped question	0

5. District Fitness Assessment Testing Coordinator Information

	Response Percent	Response Count
Name of District Fitness Assessment Testing Coordinator	100.0%	770
Phone Number of District Fitness Assessment Testing Coordinator	99.9%	769
Email Address of District Fitness Assessment Testing Coordinator	99.4%	765
	answered question	770
	skipped question	0

6. What types of campuses does your district or charter serve? (Mark all that apply.)

		Response Percent	Response Count
Elementary		93.5%	720
Middle School/Jr. High		89.0%	685
High School		89.4%	688
Other (please specify)		25.1%	193
	answere	ed question	770
	skippe	ed question	0

7. Indicate the number of campuses that exist in your district for each of the following categories:			
	Response Percent	Response Count	
Elementary			

9. In your district, are members of the following groups represented on any school health council, committee, or team? (Mark all that apply.)

	esponse Percent	Response Count
Businesses	55.8%	430
Community members	84.4%	650
Faith-based organizations	27.7%	213
Health education teachers	64.8%	499
Health services staff (e.g., school nurses)	85.3%	657
Library/media center staff	10.4%	80
Local government agencies	23.9%	184
Local health departments, agencies, or organizations	40.1%	309
Maintenance and transportation staff	12.1%	93
Mental health or social services staff	33.9%	261
Parent Teacher Association or Organization		307

10. Has your district SHAC received any formal training related to development, recruitment, leadership, policy improvement strategies, etc.?

	Response Percent	Response Count
Yes	51.9%	400
No (If no, skip to #12.)	48.1%	370
	answered question	770
	skipped question	0

11. If you responded "yes" to question #10, who provided that training? (Mark all that apply.)

Response

13. Has your school district implemented a policy, program, or practice as a result of a School Health Advisory Council (SHAC) recommendation? Response Count Yes 73.6% 567 No (If no, skip to #15.)

14. If you responded "yes" to question #13, what topics were addressed? (Mark all that apply.)

	Response Percent	Response Count
Adaptations for Special Populations in Physical Education	4.6%	26
Asthma Action Plan	17.9%	102
Bullying	45.0%	256
Coordinated School Health Programming	41.5%	236
Early Mental Health Intervention	4.7%	27
Fitness Assessment Data	30.8%	175
Fitness Assessment Requirements	26.9%	153
Fundraising	9.3%	53
Health Education Curriculum	40.1%	228
High School Graduation Requirements	13.0%	74
HIV Policy (Practice, Universal Precautions, Curricula)	8.1%	46
Off-campus Physical Activity Programs	9.1%	52
Parental Involvement	35.3%	201
Physical Activity Requirements in Kindergarten to Grade 8	26.4%	150
Recess	23.7%	135
Safe Routes to School	7.4%	42
School Menu/Nutrition Services	51.7%	294
Sex Education	43.9%	250
Staff Professional Development	17.9%	102

Suicide Prevention	16.9%	96
Teen Pregnancy Prevention	27.6%	157
Tobacco Use and Prevention	24.1%	137
Vending Machines	22.1%	126
Wellness Policies	48.0%	273
Other (please specify)	21.8%	124
	answered question	569
	skipped question	201

15. Has your school board made policy changes because of a SHAC recommendation? Response Percent Yes 36.4% 280 No 63.8% 491 answered question 770 skipped question 0

16. What is your district's policy for meeting the elementary school physical activity requirements?		
	Response Percent	Response Count

17. What is your district's policy for meeting the middle/junior high school physical activity requirement?

	Response Percent	Response Count
30 minutes/day in physical education for four semesters	43.2%	333
225 minutes/two weeks in physical education for four semesters	22.7%	175
Four semesters of physical activity in alternative programs	2.9%	22
A mixture of physical education and alternative programs	17.5%	135
Other (please specify)	17.0%	131
	answered question	770
	skipped question	0

19. Does your district have a written policy that specifies the number of recess minutes students should participate in per day?

	Response Percent	Response Count
Yes	20.3%	153
No (if no, skip to #21.)	80.1%	602
	Other (please specify)	20
	answered question	752
	skipped question	18

20. If you responded "yes" to question 19, how many minutes per day is required for recess in your school district?

20. If y 0 1 -2 0

21. Does your district assess the fitness levels of only those students in grades 3-12 who are enrolled in a physical education class or substitute?

	Response Percent	Response Count
Yes (If yes, skip to #23)	79.4%	611
No	17.8%	137
Other (please specify)	2.9%	22
	answered question	770
	skipped question	0

22. If your district assesses students outside of physical education classes and substitutes, please indicate all grade levels for which you assess additional students.

	Response	Count
3	47.5%	85
4	48.0%	

23. Of the following, which topics were addressed on your district's website and/or handbook? (Mark all that apply.)

	Handbook	Website	Rating Count
Bullying	98.7% (748)	80.3% (609)	758
Early mental health intervention	86.5% (276)	72.7% (232)	319
Elementary physical activity policy	93.1% (568)	73.1% (446)	610
Food allergy notification	96.7% (665)	71.7% (493)	688
Human sexuality curriculum information	93.4% (485)	71.3% (370)	519
Immunization requirements	96.9% (728)	82.6% (620)	751
Meningitis vaccination requirements for college students	91.6% (513)	78.4% (439)	560
Middle school physical activity policy	91.9% (531)	72.5% (419)	578
Parental access to student's fitness assessment results	89.9% (443)	70.4% (347)	493
Restrictions on vending machines/food service usage	93.9% (573)	70.5% (430)	610
School Health Advisory Council information	85.0% (562)	84.3% (557)	661
Suicide prevention	90.8% (455)	72.3% (362)	501
Tobacco use and prevention	97.7% (669)	72.1% (494)	685
Other	85.7% (42)	81.6% (40)	49
		If other (please explain)	45
		answered question	770
		skipped question	0

24. Does your district have a policy prohibiting physical activity from being used as a form of punishment?

	Response Percent	Response Count
Yes	34.0%	262
No	66.1%	509
	answered question	770
	skipped question	0

25. Are all of the campuses in your district established as "tobacco-free" (including for students, staff, parents, visitors, etc.)?

	Response Percent	Response Count
Yes	99.5%	766
No	0.5%	4
Other (please specify)	0.0%	0
	answered question	770
	skipped question	

27. Does your district use a suicide prevention program or curriculum for students from Suicide Prevention Resource Center's Best Practice Registry and/or the Substance Abuse and Mental Health Services Administration's (SAMHSA) National Registry of Evidence-based Programs and Practices (NRPP)?

	Response Percent	Response Count
Yes	26.9%	201
No	65.5%	490
Other (please specify)	10.6%	79
	answered question	748
	skipped question	22

28. Which Coordinated School Health Program is your district implementing in elementary schools?

	Response Percent	Response Count
Bienestar	5.3%	41
CATCH	55.8%	430
Great Body Shop	11.0%	85
SPARK/Healthy & Wise	18.1%	139
Other (If not applicable, please explain.)	13.9%	107
	answered question	770
	skipped question	0

29. Which Coordinated School Health Program is your district implementing in middle and/or junior high schools?

	Response Percent	Response Count
Bienestar	4.7%	36
CATCH	52.6%	405
SPARK/Healthy & Wise	22.1%	170
Other (If not applicable, please explain.)	23.2%	179
	answered question	770
	skipped question	0

30. Does your district require health education as a graduation requirement for high school in all graduation plans for the 2011-2012 school year?

	Response Percent	Response Count
Yes	54.0%	416
No	39.9%	307

31. Indicate the date your district sent the letter to parents/guardians regarding human sexuality instruction (per TEC §28.004).

	Response Percent	Response Count
Date letter mailed	100.0%	694
	answered question	694
	skipped question	76

32. Which school health-related assessment tools does your district use? (Mark all that apply.)

		Response Percent	Response Count
ActivityGram		2.2%	17
District-developed		4.2%	32
FITNESSGRAM once annually		86.1%	663
FITNESSGRAM pre- and post- testing		21.2%	163
Health Education Assessment Tools (HECAT)		1.7%	13
Healthy School Report Card (Association for Supervision and Curriculum Development)	ſ	0.1%	1
Physical Education Assessment Tools (PECAT)		1.0%	U
School Health Index		6.9%	53
Other (please specify)	П		

33. Indicate if your district collects statistics and data on any of the following health issues (mark all that apply).

	Yes	No	Rating Count
Asthma	67.9% (501)	32.8% (242)	738
Diabetes	70.1% (517)	30.4% (224)	737
Food Allergy	73.8% (550)	26.6% (198)	745
Immunizations	83.5% (636)	17.6% (134)	762
Obesity	45.1% (292)	55.2% (358)	648

Other (please specify any other health-related statistics your district collects)

43

answered question 770 skipped question 0

34. Indicate if your district staff attends or needs training or staff development on any of the following topics (mark all that apply).

	Attends	Needs	Rating Count
Abstinence	75.9% (343)	27.9% (126)	452
Abstinence Plus	48.2% (134)	54.3% (151)	278

37. Has your district adopted and implemented a policy that addresses maintaining confidentiality of HIV-infected students and staff and the procedures to protect HIV-infected students and staff from discrimination?

	Response Percent	Response Count
Yes	66.1%	509
No	33.9%	261
	answered question	770
	skipped question	0

38. Does your district use a teen pregnancy/STD prevention/abstinence program or curriculum?

	Response Percent	Response Count
Yes	64.0%	493
No (If no, skip to #40.)	36.1%	278
	answered question	770
	skipped question	0

39. Which teen pregnancy/STD prevention/abstinence program or curriculum does your district use?

	Count
	480
answered question	480
skipped question	290

Response

40. Does your district implement the Parenting and Paternity Awareness (P.A.P.A.) Program in health education classes?

	Response Percent	Response Count
Yes	64.0%	493
No	36.0%	277

Other or Not Applicable (please specify)

35

answered question	770
skipped question	0

41. What percent of the campuses in your district employ full-time registered nurses (RNs)?

	Elementary	Middle School/Jr. High	High School	Rating Count
None	44.7% (142)	19.2% (61)	36.2% (115)	318
1% - 10%	32.6% (15)	26.1% (12)	41.3% (19)	46
11% - 25%	43.8% (21)	29.2% (14)	27.1% (13)	48
26% - 50%	59.3% (64)	18.5% (20)	22.2% (24)	108
51% - 75%	61.1% (44)	22.2% (16)	16.7% (12)	72
76% - 99%	37.0% (40)	26.9% (29)	36.1% (39)	108
All Campuses	56.3% (196)	11.5% (40)	32.2% (112)	348
Not Applicable	47.8% (44)	15.2% (14)	37.0% (34)	92

If the district has multiple campuses in same row, please indicate below.

298

770	answered question	
0	skipped question	

42. What percent of the campuses in your district employ full-time licensed vocational nurses (LVNs)?

	Elementary	Middle School/Jr. High	High School	Rating Count
None	54.5% (232)	11.5% (49)	34.0% (145)	426
1% - 10%	31.0% (18)	31.0% (18)	37.9% (22)	58
11% - 25%	58.8% (30)	27.5% (14)	13.7% (7)	51
26% - 50%	60.2% (53)	20.5% (18)	19.3% (17)	88
51% - 75%	54.3% (25)	34.8% (16)	10.9% (5)	46
76% - 99%	53.3% (32)	23.3% (14)	23.3% (14)	60
All Campuses	43.8% (81)	25.4% (47)	30.8% (57)	185
Not Applicable	60.6% (100)	15.8% (26)	23.6% (39)	165

If the district has multiple campuses in same row, please indicate below.

261

answered question 770
skipped question 0

43. How many campuses in your district have trained unlicensed diabetes care assistants as outlined in the Diabetes Council Guidelines and in accordance with Section 168.005 of the Texas Health and Safety Code? (specify the number of campuses)

		Response Percent	Response Count
Elementary		89.4%	688
Middle School/Jr. High		83.8%	645
High School		85.5%	658
Other - please specify		26.8%	206
	а	nswered question	770
		skipped question	0

44. Has your district implemented the School Meals Program and established a local wellness policy?

	Response Percent	Response Count
Yes	96.9%	746
Not Applicable (Our district does not accept federal funding for reimbursable meals.)	2.6%	20
No (please explain)	1.0%	8
	answered question	770
	skipped question	0

45. Has your district adopted policies to ensure that campuses comply with the Texas Department of Agriculture (TDA) vending machine and food service guidelines for restricting student access?

Response Response Percent Count

Yes

47. As a result of measuring the implementation of your local wellness policy, which of the following has your district addressed?

Response Response Percent

49. What percent of the campuses in your district have a Parent Teacher Association (PTA) Healthy Lifestyles Chair?

	Elementary	Middle School/Jr. High	High School	Rating Count
None	65.6% (314)	9.2% (44)	25.3% (121)	479
1% - 10%	45.2% (19)	21.4% (9)	33.3% (14)	42
11% - 25%	50.0% (13)	23.1% (6)	26.9% (7)	26
26% - 50%	47.1% (16)	44.1% (15)	8.8% (3)	34
51% - 75%	50.0% (10)	20.0% (4)	30.0% (6)	20
76% - 99%	69.4% (25)	13.9% (5)	16.7% (6)	36
All Campuses	82.8% (111)	5.2% (7)	11.9% (16)	134
Not Applicable	56.7% (102)	13.9% (25)	29.4% (53)	180

If the district has multiple campuses in same row, please indicate below.

246

answered question 770
skipped question 0

50. Does your district allow the use of its recreational facilities (e.g., gyms, fields, tracks, courts, recreation equipment, etc.) by the public before and/or after school hours?

	Response Percent	Response Count
Yes	91.8%	707
No	6.5%	50
Not Applicable (please explain)	1.8%	14
	answered question	770
	skipped question	0

51. Do any campuses in your district have a school garden?

Response Percent Response Count

53. Does your district integrate bullying prevention education in one or more of its required subject areas?

	esponse Percent	Response Count
Yes	78.2%	585
No	19.4%	145
Other (if not applicable, please specify)	2.4%	18

54. Does your district notify the parent/guardian of a child who is the victim of bullying?

Response	Response		
Percent	Count		
99.1%			

748

22

answered question

skipped question

55. Of the following health-related topics, which are addressed in each of your district's campus improvement plans?

	Elementary	Middle School/Jr. High	High School	Rating Count
Bullying Prevention	94.9% (658)	88.5% (613)	86.9% (602)	693
Bullying Intervention	93.3% (568)	87.5% (533)	85.9% (523)	609
Coordinated School Health	91.7% (475)	83.4% (432)	73.6% (381)	518
Early Mental Health Intervention	85.2% (196)	78.7% (181)	81.7% (188)	230
Fitness Assessment	92.5% (492)	86.7% (461)	81.0% (431)	532
Physical Activity	95.4% (459)	81.9% (394)	74.8% (360)	481
Parental Involvement	95.8% (689)	87.6% (630)	87.5% (629)	719
Suicide Prevention	74.7% (286)	83.6% (320)	90.6% (347)	383
Suicide Postvention	74.2% (164)	83.7% (185)	89.1% (197)	221
Tobacco Use	84.3% (414)	83.3% (409)	87.4% (429)	491
Violence Prevention	86.6% (467)	87.6% (472)	90.9% (490)	539
Violence Intervention	87.1% (371)	85.4% (364)	89.4% (381)	426

Other (please specify topic and campus level)

770

46

skipped question

answered question

0